Island Savory Black Beans

PREP TIME: 15 MIN COOKING TIME: 20 MIN

YIELDS: 6 SERVINGS

Ingredients

Directions

- 6 cups cooked, drained black beans
 (or 4 cans of 15 oz black beans)
 5 oz green salsa verde (mild)
 1 medium onion, finely chopped
 3 cloves minced garlic
 1/2 tsp ground smoked paprika
 3 tbsp nutritional yeast flakes
 (optional)
 1 handful of fresh chopped cilantro
 1 cup vegetable broth
 1 can coconut milk (13.5 ounces)
 Salt to taste
- 1. Heat salsa in a large saucepan over medium heat.
- 2. Add onions and allow to cook for about 3 minutes.
- 3. Add garlic and cook for another minute.
- 4. Stir in smoked paprika.
- 5. Add black beans, nutritional yeast flakes, vegetable broth and stir.
- 6. Add cilantro and coconut milk after 5 minutes of cooking.
- 7. Cook for a total of 15 minutes or until the liquid has reached the desired texture.
- 8. Add salt to taste and serve.

